

KUSHTIMES

EL BOLETÍN

FUN FACTS

Vicky's House is a replica of owner, Matt Kuscher's family kitchen in 1986. From the wallpaper to the light fixtures, this milkshake bar is a "blast from the past". Vicky's House is an ode to Matt's childhood and all of the influential pop culture that shaped his personality and creativity. Next time you're in LoKal, pop into the phone booth, go through the door and step back in time to the 1980's.

WE GIVE BACK

Last month, The United Way© celebrated their "Be Kind" week and Kush Hospitality was able to participate in their "Help Our Kids Go Green" event. We did our part in helping preschoolers Go Green by packing 200 environmentally friendly literacy kits filled with books about the environment, a seed growing kit and information about recycling for the family to implement together. Kush Hospitality highly recommends participating in volunteer work; it's one of the best ways to make an impact in your community.



FREE EVENTS & DEALS

HERE ARE SOME EVENTS YOU WON'T WANT TO MISS THIS MONTH:

Happy Hour at Spillover

- \$1 Oysters • \$5 Select Appetizers
- \$4 Select Drafts • \$7 Select Wines
- \$7 Well Cocktails • \$10 Select Cocktails
- Complimentary Doggy Food

Monday - Friday 3pm - 7pm *Excluding Holidays*

Local Brewers Night at KUSH

This month we have Infected Brewing Company returning to the Botanica to pour some delicious suds! March 27th at 7pm, join us for FREE BEER and good vibes.

Lokal's Crafts & Crafts

Royal Kids Event- Saturday, March 16th, 12:30pm-2:30pm We've organized a FREE afternoon of arts and crafts activities for your little prince or princess! Children can come royally dressed (or wear any costume they feel most happy in) to enjoy a positive environment with imaginative play, art, milkshakes, real-life princesses and fun goodie bags to take home. We want your child to leave with a sense of their greatness, holding themselves in high esteem and aware of their potential to create beautiful things in this world. RSVP via our Facebook event page, limited space available.



GOING GREEN @ VICKY'S HOUSE

Vicky's House has a new milkshake for March! We're calling it the "The Matcha Made in Heaven." It's an Organic Matcha Tea shake with a cream cheese frosted rim dusted with coconut shavings, topped with whipped cream, mini marshmallows, green sprinkles, and vanilla wafers. Another way we are going green—Vicky's House will shortly begin serving all of our milkshakes in a new eco-friendly, 100% compostable cup!

MEATLESS MONDAYS AT LOKAL

Every Monday, LoKal is making it easy for you to eat your veggies by offering creative vegetarian and vegan dishes. Participating in the Meatless Monday Movement means you are positively affecting your health and the health of the environment. Into Yoga? Take a class a Dharma Yoga (two doors down from LoKal) to get a secret code to enjoy 20% off our vegetarian/vegan options (Monday's Only). Check out our weekly Instagram stories on @lokalcoconutgrove to know what this Monday's specials will be!



CRISTY'S PICKS OF THE MONTH



WHAT IS CRISTY CRAVING THIS MONTH?

As a true millennial, avocado toast is a staple in my diet. So it comes as no surprise that this month I'm craving Spillover and their Millennial's Bread & Butter. This iteration of avo-toast is served on a thick slice of rye bread, sprinkled with red onion, goat cheese, cherry tomatoes and cilantro — it hits all the spots! But buyers beware, the regular purchase of avocado toast has been known to prevent home ownership and any type of bolstering of retirement savings...Que the eye rolls.

Brunch is served Saturdays & Sundays 10:30am-2:00pm.

XO Cristy

Cristy Cernuda is our Director of Marketing and social media maven committed to creating mouth-watering content featuring all things Kush Hospitality.



KEEPING UP WITH KAPTAIN KUSH


News Flash: Kaptain Kush told us he's crazy excited about the oldest (and greatest) deli reopening its doors—and you should be too! Stephen's Deli in Hialeah, FL will relaunch between late March and early April! This revamped local gem will aim to make the delicatessen cool again, and inspire the next generation of deli lovers through their focus on hand sliced corned beef and hot pastrami, Matzoh Ball Soup a.k.a. Jewish Penicillin, and like all great New York Style delicatessen a delicious breakfast. But, according to Kaptain Kush, what really sets Stephen's apart from most delis nowadays is that it's "not your average bagel joint." And as usual, the Kaptain is right on the money. Stephen's Deli prides itself on being the place for smoked meats, that just happens to serve bagels. They also have the most seasoned pastrami slicer in 'the biz'—Junior Biggers. He's been working at Stephen's Deli since 1957! The proof really is in the pastrami.

Be sure to follow @stephensdeli1954 on Instagram and Facebook to stay updated on opening day! And follow @kaptainkush305 for scenes from his latest shenanigans.

Peace, love, and KUSH.
KK

LOCAL VENDOR SPOTLIGHT

Water is life! Which is why we provide the best filtered water to our guests from Vero Water® Systems. Water should not only be filtered, but more importantly (for the environment), your water should also be local. Imported bottled water requires up to 2,000 times more energy to deliver than Vero Water®. Using the latest in purification technology, the Vero Water® bottling system is uniquely designed to create a nearly zero carbon footprint, for you to enjoy. This service allows us to uphold our commitment as a company to be eco-conscious and educate our customers on why it's important to do so!

 @sweetportfolio



Having an event?
Let Spillover cater it!
For more information
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